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In fact, since the publications of the 2012 Army FM 7-22 Physical Fitness Manual, they have proposed and tested on a large scale basis two physical fitness tests. In 2011-12, the Army proposed a large change to the standard Army PRT (Pushups, Situps, 2 mile run) that it has been doing since 1981.

Army Field Manual 7-22: Physical Fitness Training

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TRAINING FOR FULL SPECTRUM OPERATIONS - usacac.army.mil

Inventory of Field Manuals as of Jan 23, 2002 [PDF]. Inventory of Field Manuals as of Jun 21, 2001 [PDF]. Doctrine 2015 Information Briefing [PDF]. As part of the Army's Doctrine 2015 initiative ...

Army Field Manuals - GlobalSecurity.org

The Army's current Physical Readiness Training doctrine, Field Manual 7-22 (October 2012), and the Army Physical Readiness Training application for smart devices (iOS and Android) can assist ...

Army Combat Fitness Test Training Guide - military.com

FM 7-22 Army Physical Readiness Training - October 2012 FM 7-22.7 The Army Noncommissioned Officer Guide - December 2002 FM 7-100.1 - OPFOR Opposing Force Operations - December 2004

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